



Dodgeball South Africa

Court - Tournament and Event Rules

- Dodgeball is all about sportsmanship, honesty and social integrity. Referees start the game, keep order and ensure fair play. Please be respectful and do not raise your voice to the ref, otherwise you will be asked to leave the court.
- The court is divided into 2 sections with a centerline in the middle, where 5 balls are placed. The two balls on the left belong to you and only the middle ball is contestable.
- Players may not step over the line into the opponent's side of the court. Offending players will be called out.
- The game starts with all players at the back of the court on their respective sides. The referee will signal the start of the game, players need to collect their balls and bring them back behind the activation line before they can be used in play.
- If you are hit directly with the ball, you are out and need to leave the court.
- If you catch a ball, the player who threw the ball is out, and the first player that went out on your team must re-enter the game.
- Players returning to the court after a catch is made have 5 seconds immunity from being hit and going out, unless they become involved in the play.
- If a ball hits the ground, wall, or net, it is deemed dead. If you are hit by a dead-ball you are not out. You cannot catch a dead-ball.
- If a ball hits a player, or a blocking player's ball, it is still live. If it hits you thereafter you are out. Live balls can also be caught, and you can save your teammate from going out by making a successful catch.
- You may use a ball to block. However, if you drop the ball you are blocking with, or if the ball hits you after the block, you are out.
- Headshots are frowned upon. However, they still count as a hit. Repeat headshot offenders will receive a warning or be sent off for that game.
- Should the ref call "play ball", the team with the most balls will have 10 seconds to throw a ball. Should they fail to, the team will receive a warning and will have to roll over all their balls to the opposition team.